



Erasmus+



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**MAD for Europe**  
Cultural Services & International Mobility

# Info Pack

MAD for Europe in Madrid is pleased to organize and host the youth exchange project

## **M.A.D.R.I.D., juventud europea en movimiento**

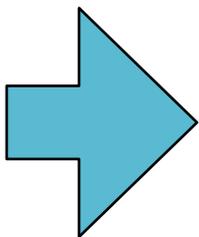
(ref. : 2016-1-ES02-KA105-008850)

This project will be held in Madrid, Spain and it is funded by the Spanish National Agency of the Erasmus + Program and will bring together 36 young people from 6 different countries: Spain, Italy, Romania, Macedonia, Portugal, Hungary and Slovakia, aged between 18 and 28 years.

If you are a participant of this event or a contact person for this project, please join the Facebook group:

<https://www.facebook.com/groups/KA1YouthMADRID/>

(ATTENTION ! You should post ONLY information that concern the youth exchange on the wall of this group. The Spanish NA will have a look at the group page when receiving the final report of this project.)



## About the project

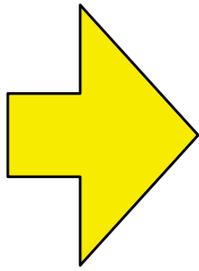
"M(edio ambiente), A (ire libre) D(eporte) R(elajación) I(maginación) D(ifusión), juventud europea en movimiento" is a project organized by MAD for Europe, which will take place from 22 to 27 May 2017. The meeting place is the city of Madrid, capital of Spain and will have a total of 6 major activities that will be shared by days; these activities are fully creative, where Sport and Healthy Lifestyle are the protagonists of each as a means to break down social barriers with other countries, understand their language and socialize.

Most of the activities will be realized outdoors, in open spaces like the Parque del Retiro, Casa de Campo or the city centre. During these activities, participants not only will work in groups, they will also have to involve to the local citizens.

HAVE A LOOK AT [ka1youthr3.blogspot.com.es](http://ka1youthr3.blogspot.com.es) the domain name is already reserved for this project



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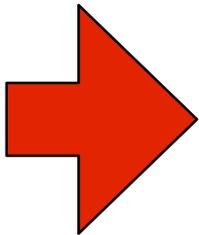


## About the venue

Madrid is a **very open city** that attracts a lot of people from outside, **its great ambiente**, the always crowded streets and squares, terraces and bars have made it one of the most exciting cities across Europe. This trend leads from the Eighties with the so-called "**Movida**", living day and night any day of the week.

Madrid is also **home to the greatest museums** in Spain, first of all the Prado Museum, considered the largest art gallery in the world and for many experts also the place with more masterpieces per square meter, next to it you can find the Reina Sofia Museum and the Thyssen Bornemisza, and together they form the named Art Triangle. Walking through the animated Gran Vía Street, the Plaza Mayor, the Royal Palace or the Debod Temple, they make it inimitable!

Besides, Madrid is one of the **most liveable cities in the world**, being the safest of Spain.



## Accommodation

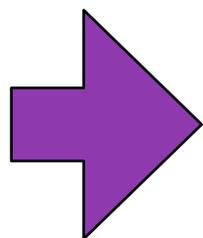
The youth exchange activities will take place in the right city centre of Madrid and its participants will be accommodated in the comfortable LAS MUSAS Hostel of the City Centre District:

<http://www.lasmusashostel.com/>

Hostal Las Musas is located in the right city centre of Madrid and all the activities will be made by foot as everything is close! The area is full of shops, bars and lively marketplaces.



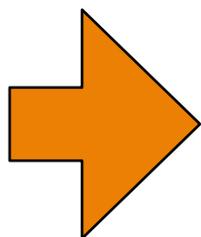
Rooms: Rooms of 8, 6 and 4 beds with private bathroom and private shower. Each room has a wardrobe for each person and Air-Conditioning. There is Free-Wifi in the entire structure, a big kitchen, a lot of common areas, a fantastic terrace with views of Madrid.



## How to get there

If you arrive at Madrid-Barajas Airport on 22/05/2017: As soon as you take your ticket inform the hosting organization about your arrival time, and if it is an electronic ticket, forward it by e-mail to [katia@madforeurope.org](mailto:katia@madforeurope.org). After receiving all the travel tickets and the arrival times we will inform you about the transfers!

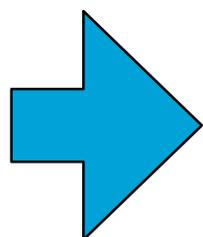
If you arrive before 22/05/2017: You will have to get to the Hostel by yourself on 22/05/2017. Anyway, as soon as you take your ticket inform the hosting organization about your arrival time, and if it is an electronic ticket, forward it by e-mail.



## Health and Travel Insurance

Health insurance is not provided. All participants are strongly advised to take private health or travel insurance individually.

**EUROPEAN HEALTH INSURANCE CARD.** The European Health Card is accepted in every country of the European Union. If you don't have it, you can get it easily. You should go to the office recharged with health affairs, and ask for your European Health Card. It's a little blue plastic card, and you can get it for free. It's valid in every EU country for 1 year. Or any other insurance is welcome.



## Travel costs reimbursement

As you know this project is co-funded by the Spanish NA of the European Commission, which means we can only partially cover your travel expenses. For this project we will be able to cover expenses only up to the following limit:

Country	Budget
Spain	0 EUR
Slovakia	170 EUR
Italy	170 EUR
Hungary	170 EUR



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Portugal	170 EUR
Romania	270 EUR
Macedonia	270 EUR

*(If paid expenses for your travel are less than this amount, you will be reimbursed only up to the total amount of your travel tickets)*

**After consulting our contact person within the National Agency, Reimbursement of travel costs will only be done upon full attendance of the exchange programme and presentation of the original tickets with boarding passes and all receipt/invoices.**

Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoice.

**! Note:** Please note if you bought your ticket in your local currency, which might be different than EUR, we will calculate your travel costs according to the exchange rates from official European Commission web-site for the month of ticket purchase

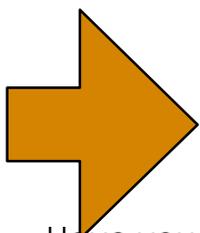
[http://ec.europa.eu/budget/contracts\\_grants/info\\_contracts/infoeuro/index\\_en.cfm](http://ec.europa.eu/budget/contracts_grants/info_contracts/infoeuro/index_en.cfm)

**!! Note:** Please make the copies of your pass board, tickets and invoices before you come to the training.

In order for us to reimburse you must provide us with:

**1. The original invoice of the flight ticket** with clear mark of how much you have paid (If it is an electronic ticket, print the booking confirmation e-mail or print an electronic ticket from the Web site of the flight company or a travel agency), original train/bus or any other tickets (You must take your return train/bus ticket before the exchange starts in order to be reimbursed just after. Otherwise you will be reimbursed once you send your return tickets to MAD for Europe);

2. If you travel by plane, **ALL (!) the Boarding Passes** <-- VERY IMPORTANT



## Cultural evenings

Have you ever heard about Intercultural evening? Country presentations?

Well, in order for us to get know each other better and, most of all, to discover more about our different countries, we will set up cultural evenings to celebrate our diversity.



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This means we will have **7 cultural evenings** (each of them dedicated to one project participant country, some will be shared as we have only 5 project nights) to present some characteristics of our country and culture, which we find relevant to present to others.

We are talking about food, music, dancing, drinks, images, videos, maps, etc. that may allow us to find out more about your country.

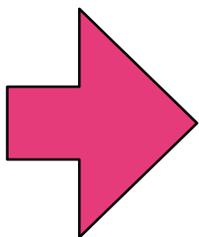
So please don't forget to bring **your flag** and other things that may allow us to see, listen or taste your culture (**typical food, drinks CD or pendrives with music typical for your country, quiz about your country, pictures, maps, and brochures about your country**).

## 2- WHAT ELSE TO BRING

- Sneakers and comfortable clothes for the open-air activities that are in the timetable;
- Blankets, sheets and pillows are provided at the hostels but the bathroom towels and tea towels are not. So, please bring your own towels. If you want you can bring a padlock for the wardrobe or rent one at the hostel for 3€.
- Cameras, laptops and other equipment making life and work easier (free Wi-Fi connection is available at the hostel), Minimum 1 laptop for country group.
- Good mood and open mind!

## 3- ADDITIONAL INFORMATION

Please feel free to ask organizers any additional questions through Facebook or at [katia@madforeurope.org](mailto:katia@madforeurope.org)



## Useful contacts

Project coordinating organization



**MAD for Europe**  
Cultural Services & International Mobility

**MAD for Europe – Cultural Services and International Mobility:**

Address: C/ Santa Engracia, 17, 28010 SPAIN



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Tel.: +34 629 14 36 36  
E-mail: [info@madforeurope.org](mailto:info@madforeurope.org)  
Web site: [www.madforeurope.org](http://www.madforeurope.org)

**Accommodation where the youth exchange takes place**



**Hostal Las Musas,**  
Calle Jesús y María 12,  
**28012 Madrid, Spain**  
<http://www.lasmusashotel.com/>

Looking forward to meeting you all in Madrid